

# LUTRONIC GENIUS

## PRE-TREATMENT PATIENT INSTRUCTIONS

- This treatment can benefit from your skin being well hydrated. Two to three days prior to your treatment please ensure you are consuming a lot of water to ensure the best results possible.
- Please avoid alcohol and other blood thinners, anti-inflammatories (Aleve, ibuprofen, ASA) 3-7 days prior to treatment.
- Please arrive 60 minutes ahead of your scheduled procedure time to begin the numbing process
- On day of treatment, thoroughly wash face and do not apply any makeup, lotions, sunscreen, or any other cosmetics to the skin of the treatment area prior to arriving at facility.

## POST-TREATMENT PATIENT INSTRUCTIONS

- Cooling is allowed if needed with a towel-wrapped ice pack, consult your provider for what skincare will be best for you post-procedure
- Mild crusting might be noted 1-5 days following treatment. Crusts will disappear naturally in several days. Do not to pick at the crusts. Soaking skin in the shower for 10-15 minutes and rubbing very gently with a washcloth can help with sloughing.
- Avoid harsh topical products or alcohol-based toners for two weeks, otherwise, after 24 hours, patients can resume their normal skin care regimen or as directed
- Patients should avoid vigorous activity, excessive heat, or sun exposure for 2-3 days following procedure.
- Patients should avoid sun exposure for the first day and beginning on the second day, apply a broad spectrum UVA/UVB sunblock with an SPF of 30+ and PA++ according to the product manufacturer's instructions. Until the skin returns to normal, when outdoors always use an umbrella, hat or other available protection against sunlight.
- Most patients achieve best results with 2-4 treatments, you may schedule your next treatment in 4 weeks.

## **EXPECTED SKIN REACTIONS AND RESULTS**

- 1 day Post-Treatment: Redness and transient edema, skin begins to turn to a condition similar to before treatment.
- 3 days - 1 week Post-Treatment: Brighter skin tone and significant reduction in sebum secretion in oily skin types.
- 1 month Post-Treatment: Improvement of fine wrinkles and skin laxity.
- 1-3 months Post-Treatment: Continuous improvement of fine wrinkles, pores size, scars and skin laxity.
- Common expected skin reactions include erythema (redness), edema (swelling), transient pin-point bleeding, and very slight discomfort after treatment. Pin-point bleeding should stop within minutes after application, discomfort within a few hours and erythema and edema gradually diminishes to normal in 1 to 3 days.
- Crusting begins to appear 1 – 2 days after treatment and sloughs off in 3 – 5 days.
- Other less common skin reactions include petechia which fade in a few days or bruising (purpura) which can take up to a week to disappear.
- Other skin reactions include irritation, itching, and burning sensation. These typically subside in a few hours to 1 day, but may get aggravated with heat or sweating. If these reactions continue consider evaluating for possible infection, changing their skin care regimen and/or short-term use of mild topical steroid.

## **CONTRAINDICATIONS**

- Impaired immune system due to immunosuppressive diseases such as AIDS or HIV, or the use of immunosuppressive medications, radiation therapy, or chemotherapy.
- Allergic response to topical anesthetics, gold, antibiotics, or other medications
- Pregnant or breastfeeding.
- Patients who have vascular disease, a history of bleeding disorders, or any daily use of anticoagulants or aspirin.
- Active skin conditions or infection in the treatment area such as sores, such as Psoriasis, eczema, and rashes.
- Implanted medical devices: Pacemakers, cardioverters, superficial metal with in the treatment area.
- Botulism toxins or fillers applied to the treatment area with in 2 weeks.