

Dermal Filler

Post Care Instructions

1. With dermal fillers there is a risk of bruising, redness, swelling, itching, and pain associated with the procedure. These symptoms are usually mild and last than a week but there is a chance that symptoms could last longer. Patients who are using medications that can prolong bleeding, such as aspirin, ibuprofen, warfarin, certain vitamins or supplements, and recent alcohol use may experience increased bruising or bleeding at the injection site.
2. Ice may be used to reduce swelling and bruising. Please do not massage or press on the area after the injections.
3. If the clinic we offer Vitamin K cream and an oral arnica. These can both speed up the healing time. Please ask your provider or a member of the clinic staff and they would be happy to help!
4. We do offer also offer laser treatments for a small fee if you would like to speed the healing time of your bruise.
5. There is a small risk that small lumps may form under the skin due to the dermal filler collecting in one area. You may also be able to feel the dermal filler in the area where the material has been injected. If you are concerned with any area, please call the clinic to have a provider look at the area.
6. The outcome of each dermal filler treatment will vary among patients. In some instances, additional treatments may be necessary to achieve the desired outcome.