

Botox Cosmetic

Pre and Post Care Instructions

1. We only use FDA approved Allergan manufactured Botox cosmetic.
2. It is helpful to avoid blood thinning over the counter medications such as Aspirin, Motrin, and Aleve. Tylenol is ok to use. Please notify the practitioner if you are using prescription or non-prescription blood thinners so extra precaution can be taken to avoid bruising.
3. Bruising is most common around the eyes and can be covered with a green or yellow camouflage make up. While we make every effort to avoid bruising, this happens because the skin around the eyes is very thin and there are several small vessels in this area. Bruising is usually minimal and may take up to 7 days to resolve completely.
4. Your Botox treatment will take effect anywhere from two days to two weeks. Once the Botox has taken its full effect, you may schedule your follow up appointment no less than two weeks after the initial injection for a dosage adjustment. These touch up appointments must also be completed no later than three weeks after the initial Botox appointment, additional Botox is \$9.75 per unit.
5. For the first 24 hours, avoid any massage or pressure to the area, as this may disrupt the placement of the drug. If you would like to re-apply makeup, please do so gently over the treated area. Do not wear a baseball cap or hat.
6. Immediately following your treatment do not lie down for 4 hours.
7. Refrain from heavy exercise for 24 hours.
8. Allergan, the manufacturer of Botox, as well as our own patient experiences, report average duration of results of 3-4 months. It is important to maintain regular

injection intervals to maintain an optimal aesthetic result and prevent returning to your original pre-treatment condition.

9. Let us know if you have any comments, questions, or concerns.